



## Online Courses for High School Students

1-888-972-6237

### Study Skills and Strategies

The Study Skills and Strategies course equips students with skills and understandings critical to effective learning. Using a unique approach to the traditional topic of study skills, this course weaves understanding regarding the role of the brain in learning into the instruction of discrete learning skills and strategies. Moving beyond a list of good tips and ideas, the Study Skills and Strategies course will challenge students to develop intentional approaches to learning. They will be required to make connections between the strategies and skills they learn in this course and the implementation of those strategies and skills in their other coursework. Upon completion of the course, students will have learned a variety of specific learning skills and strategies, gained greater understanding of their own learning preferences, and become prepared to develop and implement specific learning and study plans for any academic course or other learning needs.

**Prerequisite:** None

**Course Length:** One Semester

**Required Materials:** None

### The Science of Learning

- Learning to Learn
- Brain Structure and Function
- Memory
- Healthy Brain
- Smart Brains
- Levels of Learning
- Levels of Learning for the Student
- Learning Skills and Strategies
- Learning Preferences
- Learning and Stress
- Unit 1 Review and The Science of Learning Exam

### Self-management

- Know Your Learning Resources
- Academic Goals
- Establishing and Keeping Your Priorities
- Establishing a Schedule
- Managing Your Weekly Schedule
- Your Study Environment
- Evaluating Your Study Space
- Practical Study Solutions
- Learning Technology
- Problem Solving
- Unit 2 Review and Self-Management Exam

## **Learn through Listening**

- Listening with Your Brain
- Listening in Conversation
- Listening in Group Discussions
- Listening to Presentations
- Cornell Note Taking Part I
- Cornell Note Taking Part II
- Cornell Note Taking Part III
- A Flash Card Strategy
- Other Note Taking Strategies
- My Note Taking Evaluation
- Unit 3 Review and Learn Through Listening Exam

## **Learn through Reading**

- Why Read?
- Reading a Textbook
- Pre-reading
- Active Reading
- Post-reading
- Reading Practice One
- Reading Practice Two
- Reading Practice Three
- Reading Methods/Systems
- Reading on Your Own
- Unit 4 Review and Learn Through Reading Exam

## **Learn through Writing**

- Writing and Learning
- Strategies to Organize Ideas
- The Writing Process: Prewriting
- The Writing Process: Writing and Revising
- Grammar and Conventions
- The Writing Process: Editing and Publishing
- Writing Assignments
- Research Paper Basics
- The Research Guide Part I
- The Research Guide Part 2
- Unit 5 Assignment
- Unit 5 Review and Learn Through Writing Exam

## **Evidences of Learning**

- Testing with Purpose
- Memorization
- Study Groups
- Essay Exams
- Objective Tests
- Standardized Tests

- Testing Tips
- Creating a Testing Plan
- Test Anxiety
- Study, Adapt, and Improve
- Unit 6 Review and Evidence of Learning Exam

### **Study Skills and Strategies Exam**

- Study Skills and Strategies Exam